



**You are cordially invited to
join the St. Francis de Sales
Swim Team!**

**TRY-OUTS FOR NEW SWIMMERS ONLY
will be held on Tuesday, June 1st from 5:30-6:30pm
at the Notre Dame High School Pool.**

*Swimmers must be able to swim the freestyle stroke the length of
the 25 yard pool without holding the sides of the pool or stopping.*

Please arrive by 5:15pm to check-in.

Parking is available off Woodman, the first entrance north of Riverside.
Pool is located on the south side of the parking lot (to the right as you enter).

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**Summer Conditioning Practice for new
and returning swimmers will begin
Thursday, June 3rd from 5:30-7:00pm.**

Practices are Tuesdays and Thursdays for June, July, August. Time will
be adjusted due to the Notre Dame Girls' Water Polo Team Practice.

Swim Meets will begin in September at the San Fernando Regional Pool.
There are 4 meets in September and October.

SFDS Swim Team is open to all SFDS Students and Parishioners ages 5-14.

**If you are interested in trying out or returning, please contact
Swim Team Managers Jack & Marci Moran at
jacknmarci@sfdsswimteam.org or call Marci at (818) 378-5032
or visit www.sfdsswimteam.org to learn more.**

Be a bulldog swimmer!